

Tekst 1.1.**Transkrypcje nagran**

Boy: I can't believe September is already here! Nine months until the exam...

Girl: Are you stressed, Mark?

Boy: Well, English is easy for me, so I'm completely chilled about it. Polish grammar is a bit boring, but I can manage. However, Maths keeps me awake at night! I get confused by all those formulas. That's my absolute nightmare for May.

Tekst 1.2.

Girl: Are you going to that expensive prep course after school? Everyone in our class signed up because our parents insisted!

Boy: No, I didn't. Honestly, my brother went last year, but he never revised at home, so it was just a waste of money. I prefer studying on my own. To improve my English, I just watch movies with original subtitles on my laptop every evening. It really works!

Tekst 1.3.

Boy: Hey, Maya, wait for me! The 105 bus comes in ten minutes.

Girl: Oh, hi Ben! Great, we can travel together. How was your first week in the 8th grade?

Boy: Exhausting! Everyone is only talking about high schools, points, and exams... My mum wants me to go to extra classes every day after school.

Girl: Same here. Look, our bus is coming! Let's get in.

Tekst 1.4. Girl: Everyone in our class is crazy about extra prep courses this year! It's like a fashion trend – if you don't go, people think you don't care about your future. My parents paid a lot of money for mine, but to be honest, half of the group just sits there staring at their phones and doing nothing at home later. If you don't work regularly by yourself, those courses won't change anything. It's just thrown-away money.

Tekst 1.5. Woman: Good morning, everyone. Welcome to 8th grade! I know that nine months sounds like a lot of time, but it will fly by quickly. Some of you are already terrified, while others think they don't need to do anything until April. My advice is simple: take a deep breath, create a balanced study plan, and don't panic. You don't need to spend eight hours a day studying – consistency is the key to success and staying calm.

Zad. 2

2.1 My parents immediately signed me up for weekend prep courses in Maths, Polish, and English as soon as September started. Honestly, I didn't even want to go! All my friends are doing it because their parents told them to, so I just went along with it. I sit in the classroom for three hours every Saturday, but to be honest, I'd rather spend that time hanging out with my friends or resting.

2.2 Nine months seems like a really long time, but I know how fast the school year goes. That's why I decided not to leave everything to the last minute like my older brother did. I created a personal schedule: I spend thirty minutes every afternoon reviewing vocabulary or solving sample exam tasks. It's a small change in my daily routine, but it helps me feel completely relaxed and ready for May.

2.3 Everyone in my class is panicking about the exam already, but I don't get all the drama. It's only September! We still have three full quarters of the school year ahead of us. Spending money on tutors or sitting over books every evening right now feels like a waste of time. I'll start revising somewhere around March or April, and I'm sure that will be more than enough to get good results.

2.4 When it comes to 8th-grade subjects, English is definitely my favorite and I feel quite confident about it, so I barely open my English workbook at home. Instead, I spend almost all my free time trying to figure out Maths equations and memorizing Polish grammar rules. Those two are my weak spots, so that's where 90% of my energy goes this autumn.

Zad. 3.

Interviewer: Welcome to our school radio podcast! Today we're talking to Mr. Harris, our school counsellor, about entering 8th grade. Mr. Harris, September has just started, but many students are already panicking about May.

Mr. Harris: Hello! Yes, that's true. It's funny because when we talk to students, almost nobody worries about English – most of them think it's easy and safe. Polish grammar causes some stress, but our statistics show that students are definitely most afraid of the Maths exam. That's where the biggest anxiety comes from every September.

Interviewer: Many parents are paying for extra prep courses right now. Is that a good idea?

Mr. Harris: Well, prep courses can be helpful, but only under one condition: students must revise and practice regularly at home by themselves. If you just go to class, sit there for two hours, and do nothing for the rest of the week, it's just a waste of money and time.

Interviewer: And what about preparing for English?

Mr. Harris: The best thing about English is that you don't need expensive tutors. You just need daily contact with the language. I always encourage students to find fun content in English – watch videos, listen to podcasts, or change their phone language. Regular daily contact brings much better results than cramming vocabulary before the test!

Zad. 4.

Speaker 1 /boy, anxious voice

I'm so stressed out... There are only nine months left until the exam, and I feel like I haven't revised anything yet!

Speaker 2 (Girl, asking a friend)

Are you going to sign up for those extra English prep courses that everyone in our class is talking about?

Speaker 3 (Girl, enthusiastic)

I finally talked to my parents and convinced them that I can prepare for the exam at home by myself instead of going to expensive courses!

Speaker 4 (Boy, frustrated)

I really don't understand these Maths formulas for the exam, no matter how hard I try...